

Appendix A4

Ratios for sessions

Netball Scotland recommends a ratio of 1:10 for working with groups of Adults at Risk or higher needs individuals

All activities should be planned to involve at least two Session leaders (18 yrs or older). One adult must be a suitably trained and PVG checked coach qualified to a minimum level for that activity, see Netball Scotland Coaching pathway for details.

To manage a larger group while meeting the ratios, additional persons (18yrs +) who do not hold coaching qualifications can support the session as a 'helper' provided they are suitably inducted by the club and have a satisfactory PVG.

As a general guide, the following factors should also be taken into consideration when deciding how many person's (18yrs +) are required to safely supervise a session; depending on the specific factors for each session there may be a requirement of a ratio that is lower than one recommended ratio noted above:

The Participants

- The number of people involved in the activity
- The individuals needs and any specific adjustments or support they may require
- The range of ability and needs within the whole group
- Athlete's experience relating to the nature of activity
- General behaviour history of individuals and the group as a whole
- Whether any of the group has a learning or physical disability or special requirements or educational or additional needs

The coaches/leaders/supervisors

- Age and maturity of coaches/leaders/supervisors
- The level of qualification and experience of the coaches/leaders/supervisors

The Facility

- The Facility – e.g., layout, space available,
- First aid cover etc
- Duration and nature of event/journey/activity
- Particular hazards associated with the activity
- Particular hazards associated with the environment
- The programme of activities