



**RECNET
FESTIVAL**

**GRACE & GREEN
SUMMER SESSIONS**

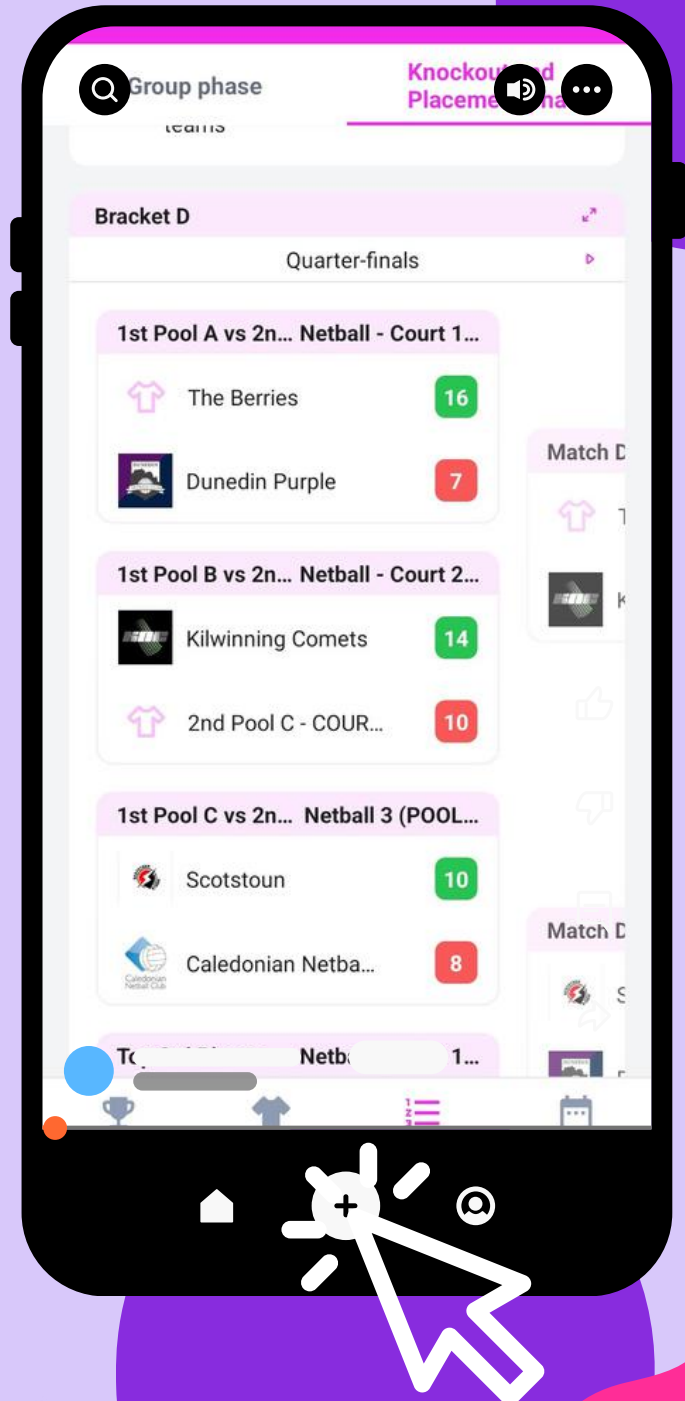
DIGITAL PROGRAMME 2025



SCHEDULES



Find all of your matches listed on the Tournify App. No need to constantly check a paper schedule when you can easily check times, courts and opponents through Tournify



YOU'VE PLAYED YOUR QUARTER. NOW REFUEL FOR THE NEXT.

*Recover post match with natural Scottish dairy protein.
Graham's The Family Dairy are proud to support Netball Scotland's
RecNet Festival.*



Follow us @GrahamsTheFamilyDairy and @GrahamsProtein

GRACE & GREEN

Ethical period care.

Grace & Green period products are certified-organic and free from pesticides, dyes, bleaches, and other toxic chemicals. Come and meet us at RecNet Festival and pick up a free sample.



Get personal period products, straight to your door. Subscribe using code GGSCOTNET for up to 30% off Grace & Green home deliveries.

graceandgreen.co



GIRL GRADS



**SCOTLAND'S FIRST IN-PERSON COMMUNITY FOR
FEMALE GRADS & YOUNG PROFESSIONALS**

Enjoy monthly fine art prints and recipes
sent to you and your loved ones' door

50% OFF

your first month



with the code

NETBALL50



the Distracted artist

email: w.craigrendall@gmail.com

Phone: 07943919725



Does your team need some
help with designing a unique,
eye-catching logo?

Shoot me an email with the
reference :

NETBALL

For a free consultation and to
get a 15% discount!

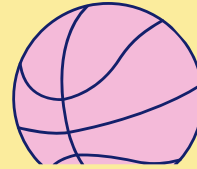


PRE AND POST COMPETITION
SESSIONS AVAILABLE

SPORTS MASSAGE

USE CODE 'LINLITHGOW' FOR 15% OFF THE
FIRST SESSION OR 20% OFF THE FIRST BLOCK

ADAM: 07415 911 312
INSTAGRAM
@A_STAR_FITNESS31



FREE PERSONAL TRAINING TASTER SESSION

Who should be interested?

Netball players who want to learn more
about how to implement some simple
strength & conditioning practices to improve
their performance on the court
and reduce their risk of injury

Session will take place @ LIFT Gyms in Edinburgh

1-1 and 1-2 sessions available if you want to come
with a friend!

If this interests you or you have any
questions, get in touch:



@kieranhumphreyspt



07808670499



RunnerBox

RUNNERBOX IS THE PERFECT GIFT FOR RUNNERS WHO LOVE DISCOVERING NEW RUNNING FUEL WITHOUT THE HASSLE OF BULK BUYING.

EACH BOX IS PACKED WITH A CURATED SELECTION OF TOP-QUALITY NUTRITION, ENERGY BOOSTERS, AND RECOVERY TREATS – IDEAL FOR TESTING WHAT WORKS BEST ON YOUR RUNS. PLUS, WE'VE ADDED A FUN TWIST: ONE OF OUR BOXES EVEN INCLUDES A PAIR OF PERFORMANCE RUNNING SOCKS TO KEEP YOUR FEET HAPPY MILE AFTER MILE!



SAMH

Scottish Action for Mental Health

**JOIN THE CHARTER TO MAKE SURE EVERYONE CAN ENGAGE,
PARTICIPATE AND ACHIEVE THROUGH NETBALL**

NETBALL SCOTLAND CONFERENCE

Get ready for a dynamic day of insights,
expert speakers and practical workshops.
Full details coming soon!



LEARN

COLLABORATE

CONNECT

20 SEPTEMBER 2025
EMIRATES ARENA, GLASGOW

REGISTER NOW

www.netballscotland.com



MEMBERSHIP



MEMBERSHIP

Membership fees from **1st July 2025**

Level
1

FAN



Level
2

SOCIAL



Level
3

ENGAGE



Level
4

CHAMPION



UNDER 9

FREE

JUNIORS
UNDER 15

FREE

£10.70

£10.70

£10.70

UNDER 18 &
STUDENT

FREE

£16.10

£21.50

£26.90

ADULT

FREE

£16.10

£32.30

£43.10



Renewals Open!

MEMBERSHIP

Features



Just playing for fun? Social, Recreational and mixed netballers this one is yours.

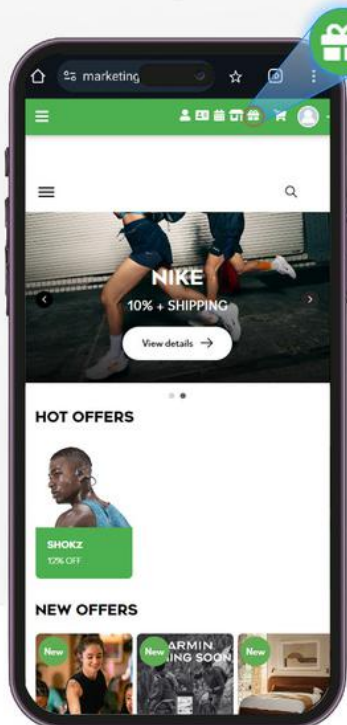


Are you regularly training and competing in Local Association leagues? A member of a club? Level 4 is for you.

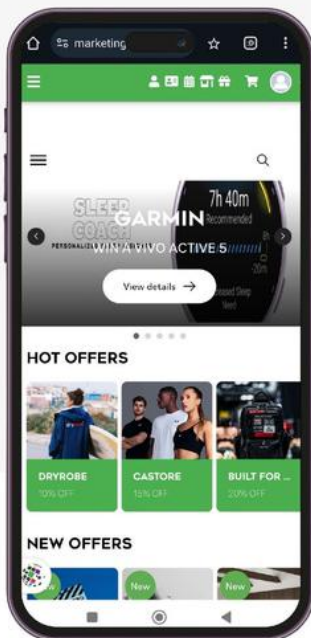
UNLOCK DISCOUNTS OFF FITNESS AND SPORTS BRANDS WITH JUSTGO!

Just **3 easy steps** to unlock your rewards!

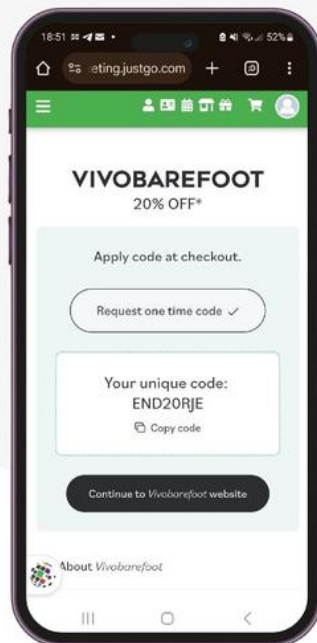
1. Click on **Rewards** option in the top menu bar - no extra login needed.



2. Browse through **exclusive deals** on top-rated sports gear, health products, and fitness experiences.



3. Redeem & **enjoy!**



BENEFITS OF RECNET »»



COMBINE FUN WITH FITNESS



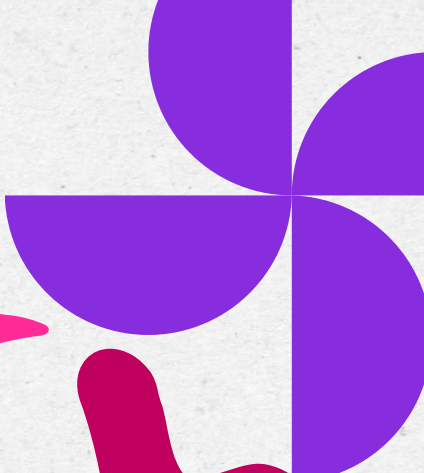
Discover the benefits of RecNet: **Stay active**, boost your **confidence**, and build **friendships**. Do something for **YOU**!

FIND YOUR CLUB »»



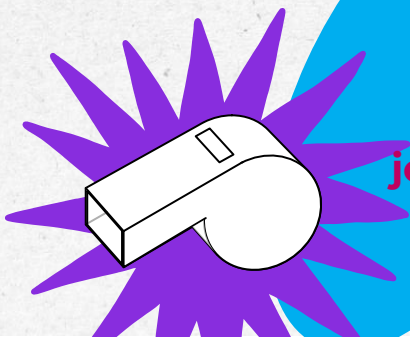
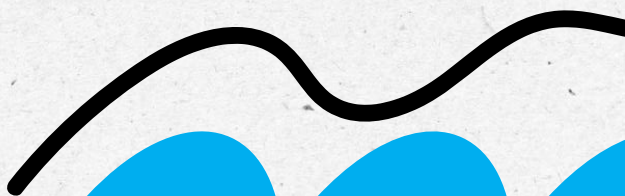
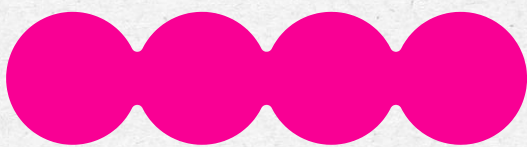
FIND A CLUB

Ready to try something new for **YOU**? Use our club locator to find a RecNet club near you. Your next adventure awaits!



Thank You

Umpires and Volunteers!!



**Start your
Umpiring
journey here**





Annual *Awards*

2024-25

It's time to celebrate the players, coaches, volunteers, officials, and clubs who have lit up the netball season in 2024-25.

**NOMINATIONS
NOW OPEN!**



**NOMINATIONS
CLOSE 22nd August
2025**



**SUBMIT YOUR
NOMINATION
ONLINE**

